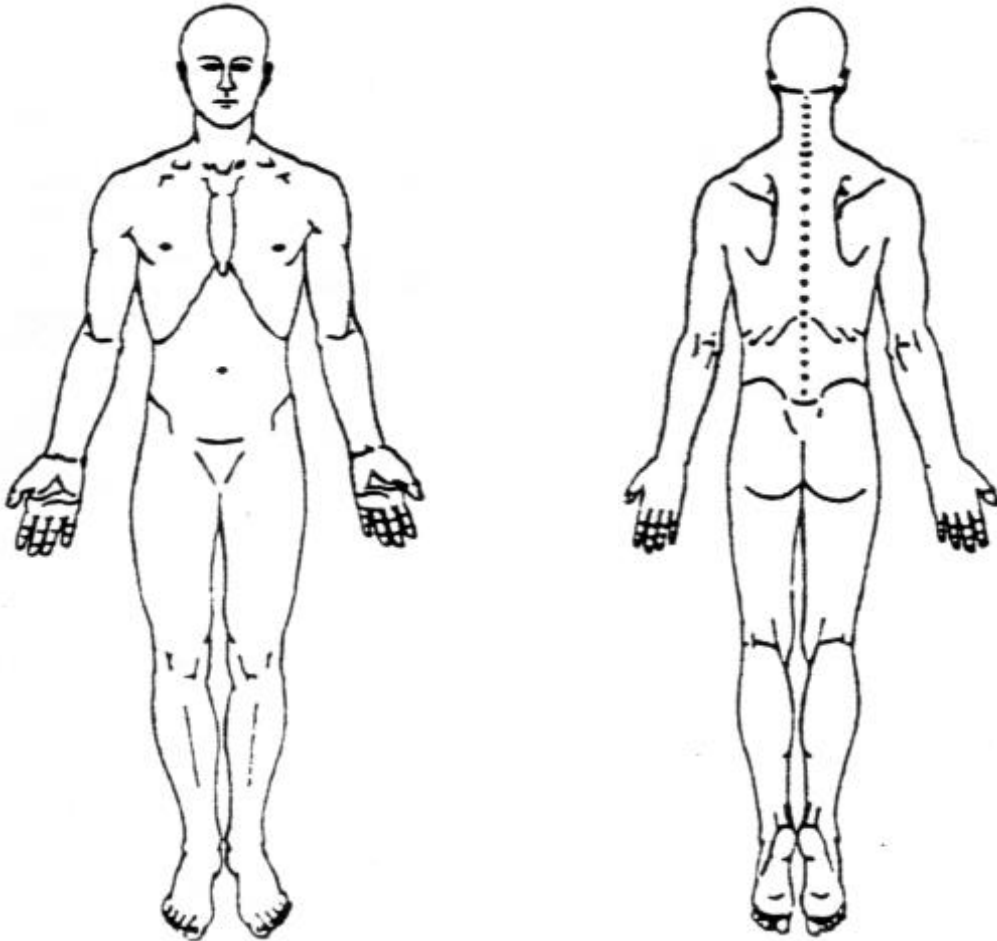


Confidential Patient Record

Name _____ Sex _____ Age _____ DOB _____ Date _____
Address _____ City _____ State _____ Zip _____
Home _____ **Mobile** _____ **Carrier** _____ **Email** _____
Occupation _____ **Employer** _____
Names/Ages of Children _____ **Marital Status** (*circle one*) MARRIED SINGLE WIDOWED DIVORCED
Name of Spouse _____ **Spouse's Employer** _____
Name and Phone of Emergency Contact _____ **Relationship** _____
How did you hear about our office? _____
Have you ever been to a chiropractor before? Y N **If yes, which doctor?** _____

Health Evaluation

Using the diagram below, mark the areas of your body where you currently feel pain or other abnormal sensation. Also indicate where your pain travels (if appropriate). You can also write notes next to your markings if a description would be helpful. Then, please answer the questions to the right by circling the number that best represents your pain, where **1 is no pain** and **10 is pain as bad as you can imagine** (*describe if your pain is sharp, achey, stiff, sore, numb, tingling or a combination*).



How long ago did your pain start?

Rate your pain by circling the one number that best describes your pain at its **WORST** in the past 24 hours.

1 2 3 4 5 6 7 8 9 10

Rate your pain by circling the one number that best describes your pain at its **LEAST** in the past 24 hours.

1 2 3 4 5 6 7 8 9 10

Rate your pain by circling the one number that best describes your pain on **AVERAGE** for the past WEEK.

1 2 3 4 5 6 7 8 9 10

What makes your pain/discomfort better or worse? _____

Is your pain constant? Y N

Has it gotten worse? Y N

Does it wake you from sleep? Y N

